

Douglas Braun-Harvey, MA

Licensed Marriage and Family Therapist
License MFT 17724
www.DBHnow.com

8885 Rio San Diego Drive, Suite 365 San Diego, California 92108 619.528.8360

I am pleased that you have chosen this office for your mental health care needs. As a trained and experienced psychotherapist, I am licensed by the State of California as a licensed Marriage and Family Therapist. My practice aims to provide you the best possible care at all times. I hope that you will feel comfortable and secure with the treatment you receive. I welcome any suggestions you have that will help improve the care you receive.

Services Provided

This practice is designed to provide counseling and psychotherapy services to individuals, couples and groups. An initial assessment is usually necessary to determine appropriate needs and course of treatment. An evaluation for special needs may also be required by referral to a health care specialist.

In addition, information and referral services are available when necessary. If you have any questions about any of the services provided, please feel free to discuss them with me.

Office Hours and Appointments

The office is open from 8:00 a.m. to 7:00 p.m., Monday through Thursday. The office is closed for traditional holidays. Office hours are by appointment only. Individual therapy appointments are 50 minutes in length. Group therapy sessions are 90 minutes. If you find that you cannot keep your appointment, please call the office as much ahead of time as possible. This may make it possible for another client to be seen.

Cancellation Policy

Scheduled appointments cancelled more than 24 hours prior to appointment time will not be charged to the client. Calling the voice messaging system and leaving a recorded message is sufficient notification for cancellation. Time of call is noted on the voice mail recording. Appointments cancelled less than 24 hours prior to scheduled appointments will be charged to the client. Health insurance plans do not pay for late cancellations. In an emergency situation, go to your nearest hospital emergency room or call the 24-hour San Diego County Crisis Team at 1.888-724-7240

Telephone and Email

I welcome and encourage you to call the office if you have a problem or a question or may need to speak with me for any reason. You may reach me during regular office hours by phoning 619.528.8360. You will receive the voice mail message system. Urgent calls will always receive priority response. Your call will be returned as soon as possible. Routine messages or questions may also be sent Doug@DBHnow.com

Fees

My fees are within the customary range for the San Diego area and reflect the level of care you will receive. I have standardized charges for individual and group therapy. Please feel free to discuss any questions about fees directly with me. Charges for office visits are due at the start of the session; this cuts down on billing expenses, which increase the cost of health care. Cash, VISA, MasterCard, checks (made payable to Douglas Braun-Harvey, MFT) may be used.

About Insurance

For assessments and limited office visits, I will provide you with an itemized monthly bill, which has been designed to provide all the information needed for you to bill your insurance company for reimbursement. Simply fill out the patient portion of your insurance company's form and then attach the document(s) I provide and submit it to your insurance carrier. No practitioner's signature is necessary on this form.

I no longer provide services as a contracted provider for managed care or preferred provider plans. I will review questions regarding billing and insurance procedures at any time during our scheduled office appointment.

Medical Records and Confidentiality

All of your medical records are confidential. I may choose to release the records or any part of them only if you give me written authorization. Under most circumstances, I will not release these records unless I have some written notification that you request me to do so.

Written agreement

I have read this information and my signature indicates I concur with all the stated expectations and agree to meet all requirements as stated in this agreement. I acknowledge by signing this agreement I am consenting to outpatient psychotherapy provided by Douglas Braun-Harvey, MFT

Name _____
(Print Name of client)

Signed _____
(Signature of client)

Date _____

Signed _____
Douglas Braun-Harvey, MFT, CGP

Date _____

Directions

The office is centrally located in Mission Valley. Rio San Diego Drive can be reached from Interstate 8 via the Texas Street/Qualcomm Way exit. The building is located directly east of the Marriot Hotel on Rio San Diego Drive along the San Diego Trolley line overlooking the San Diego River. Parking is available.

Psychotherapy Associates
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