

Group Therapy

# Sexual Health Group Psychotherapy for Men

Facilitated by:

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## Are you concerned about out of control sexual behavior?

Men with out of control sexual behavior repeatedly engage in sex that results in significant distress. Painful repercussions may include:

- Severe relationship problems
- Loss of a spouse or partner
- Financial or legal difficulties
- Relapse in drug and alcohol recovery
- Diminished work productivity
- Unplanned pregnancy/HIV/STI infection
- Suicidal thoughts or attempts
- Feelings of fear, shame, despair or guilt

Out of control sexual behavior can be treated. Group therapy helps men confront their sexual preoccupations, achieve their visions of sexual health, and regain control of their lives. If you are interested in improving your sexual health, you may benefit from joining this specialized weekly service.

Weekly Groups  
in  
Mission Valley

Tuesday  
5:15 – 6:45  
Wednesday  
6:15 – 7:45

To arrange a confidential  
assessment appointment,  
please call:

Douglas Braun-Harvey

• 619-528-8360

8885 Rio San Diego Drive  
Ste 365  
San Diego, CA 92108

For more information about these groups or other  
sexual health services, please visit:  
[DBHnow.com](http://DBHnow.com)